

White Slime and Flesh Eating Vampires

1 There are Up to 1000 species of bacteria, viruses and other microscopic organisms and numbering in the hundreds of millions which coexist in the mouth, many of which help keep the mouth healthy (commensal organisms), whilst others can cause bad breath, tooth decay, and gum disease. When we consume food we are not only supplying energy to our bodies but also all the bacteria in the mouth. Some make caves in our teeth, whilst others dissolve our fleshy gums and live there.

2 When good oral hygiene practices are neglected, the good bacteria are invaded by more toxic germs and organisms, within three days.

3 At this stage they begin to invade the gums causing inflammation and bleeding.

4 I like to call them flesh-eating vampires, they begin to eat away at the soft tissues surrounding the tooth and gums making the bloody underflesh their home. There are ligaments or sinews [like a three dimensional trampoline] connecting our teeth to the surrounding bone. This provides a shock absorber system for when we chew and clench our teeth.

5 Eventually the bacteria dissolve the sinews [we call them the periodontal ligaments] and the surrounding bone dissolves because it depends on the sinews to exist. The tooth can eventually become loose over time and can literally fall out.

